Title: Proton Pump Inhibitors
Policy #: Rx.01.75

Application of pharmacy policy is determined by benefits and contracts. Benefits may vary based on product line, group, or contract. Some medications may be subject to precertification, age, gender or quantity restrictions. Individual member benefits must be verified.

This pharmacy policy document describes the status of pharmaceutical information and/or technology at the time the document was developed. Since that time, new information relating to drug efficacy, interactions, contraindications, dosage, administration routes, safety, or FDA approval may have changed. This Pharmacy Policy will be regularly updated as scientific and medical literature becomes available. This information may include new FDA-approved indications, withdrawals, or other FDA alerts. This type of information is relevant not only when considering whether this policy should be updated, but also when applying it to current requests for coverage.

Members are advised to use participating pharmacies in order to receive the highest level of benefits.

Intent: The intent of this policy is to communicate the medical necessity criteria for Proton pump inhibitors (PPIs) as provided under the member’s pharmacy benefit.

Description: Proton Pump Inhibitors (PPIs) suppress gastric acid secretion by inhibiting hydrogen-potassium adenosinetriphosphatase (H⁺/K⁺ ATPase) on the surface of parietal cells, the final step in acid secretion. PPIs are the most potent gastric acid suppression agents and are most effective when the parietal cells are stimulated to produce acid post-prandially.

PPIs are useful in treating peptic ulcer disease (including prevention and treatment of NSAID induced gastric ulcers), gastroesophageal reflux disease (GERD) with and without esophageal erosions, hypersecretory diseases, and helicobacter pylori infections (as part of an antibiotic containing regimen).

According to the American College of Gastroenterology’s recommendation for the diagnosis and management of GERD, there is “no major difference in efficacy between the different PPIs” when used for an 8-week course to heal erosive esophagitis. However, no clear recommendation on pharmacologically equivalent doses among the PPIs exists and some individuals report better response to one agent compared to others.

Policy: Brand proton pump inhibitor capsules and tablets (e.g., Aciphex tablets, Protonix tablets, Dexilant capsules, Prilosec capsules), and generic esomeprazole are approved when there is documentation of BOTH of the following:
1. An FDA or compendia approved indication; and
2. Inadequate response to a two-week trial or inability to tolerate THREE of the following generic proton pump inhibitors:
a. omeprazole  
b. lansoprazole  
c. pantoprazole  
d. rabeprazole

Branded formulations other than capsules or tablets (e.g. Prevacid solu-tab, Aciphex Sprinkles, Zegerid packet, Prilosec granules for suspension, Protonix packets and Nexium packets) require prior authorization for ages 12 years and older and are approved when there is documentation of BOTH of the following:

1. An FDA approved indication or clinically accepted use; and
2. One of the following:
   a. Drug will be administered via nasogastric or gastrostomy tube; or  
   b. Member is unable to swallow an intact capsule or tablet

Authorization Length: H. Pylori 14 days; all other indications indefinite

Black Box Warning:
None

Guidelines:
Refer to the specific manufacturer's prescribing information for administration and dosage details and any applicable Black Box warnings.

BENEFIT APPLICATION

Subject to the terms and conditions of the applicable benefit contract, the applicable drug(s) identified in this policy is (are) covered under the pharmacy benefits of the Company’s products when the medical necessity criteria listed in this pharmacy policy are met. Any services that are experimental/investigational or cosmetic are benefit contract exclusions for all products of the Company.

References:

Inclusion of a drug in this table does not imply coverage. Eligibility, benefits, limitations, exclusions, precertification/referral requirements, provider contracts, and Company policies apply.

<table>
<thead>
<tr>
<th>Brand Name</th>
<th>Generic Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aciphex [Sprinkles]</td>
<td>rabeprazole</td>
</tr>
<tr>
<td>Dexilant</td>
<td>dexlansoprazole</td>
</tr>
<tr>
<td>Prevacid [Solutab]</td>
<td>lansoprazole</td>
</tr>
<tr>
<td>Nexium [Suspension]</td>
<td>esomeprazole magnesium</td>
</tr>
<tr>
<td>NA</td>
<td>esomeprazole strontium</td>
</tr>
<tr>
<td>Prilosec [Suspension]</td>
<td>omeprazole</td>
</tr>
<tr>
<td>Protonix [Suspension]</td>
<td>pantoprazole</td>
</tr>
<tr>
<td>Zegerid Suspension</td>
<td>omeprazole/sodium bicarbonate</td>
</tr>
</tbody>
</table>

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