

## Pharmacy Policy Bulletin

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**Title:** Cysteamine-Containing Products

**Policy #:** Rx.01.136

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***Application of pharmacy policy is determined by benefits and contracts. Benefits may vary based on product line, group, or contract. Some medications may be subject to precertification, age, quantity, or formulary restrictions (ie limits on non-preferred drugs). Individual member benefits must be verified.***

***This pharmacy policy document describes the status of pharmaceutical information and/or technology at the time the document was developed. Since that time, new information relating to drug efficacy, interactions, contraindications, dosage, administration routes, safety, or FDA approval may have changed. This Pharmacy Policy will be regularly updated as scientific and medical literature becomes available. This information may include new FDA-approved indications, withdrawals, or other FDA alerts. This type of information is relevant not only when considering whether this policy should be updated, but also when applying it to current requests for coverage.***

***Members are advised to use participating pharmacies in order to receive the highest level of benefits.***

### ▶ Intent:

The intent of this policy is to communicate the medical necessity criteria for cysteamine Hydrochloride (Cystaran®) and cysteamine bitartrate (Cystagon®/ Procysbi®) as provided under the member's prescription drug benefit.

### ▶ Description:

Cystinosis is a rare, genetic disorder in which the amino acid cystine accumulates in tissues and organs, most commonly the kidneys and eyes. Treatment with cysteamine should be initiated as soon as the diagnosis is made to preserve kidney function, prevent hypothyroidism, and improve growth in affected children. Orally administered cysteamine does not reach the cornea, thus ophthalmic administration is necessary for accumulation of corneal cystine crystals.

Cysteamine acts as a cystine-depleting agent by converting cystine to cysteine and cysteine-cysteamine mixed disulfides. The result is a reduction in cystine crystals.

Cysteamine hydrochloride (Cystaran®) is indicated for the treatment of corneal cystine crystal accumulation in patients with cystinosis.

Cysteamine bitartrate (Cystagon®/Procysbi®) is indicated for the treatment of nephropathic cystinosis in adult and children.

### ▶ Policy:

**Cysteamine hydrochloride (Cystaran®) Ophthalmic Solution** is approved when BOTH of the following are met:

1. Diagnosis of cystinosis; AND
2. Patient has corneal cystine crystal accumulation

**Cysteamine bitartrate (Cystagon®)** is approved when there is a diagnosis of nephrotic cystinosis.

**Cysteamine bitartrate (Procysbi®)** is approved when ALL of the following are met:

1. Diagnosis of nephrotic cystinosis; AND
2. Member is 1 year of age or older; AND
3. Inadequate response or titration from cysteamine bitartrate immediate release capsules (Cystagon®)

▸ **Black Box Warning:**

N/A

▸ **Guidelines:**

Refer to the specific manufacturer's prescribing information for administration and dosage details and any applicable Black Box warnings.

## **BENEFIT APPLICATION**

Subject to the terms and conditions of the applicable benefit contract, the applicable drug(s) identified in this policy is (are) covered under the prescription drug benefits of the Company's products when the medical necessity criteria listed in this pharmacy policy are met. Any services that are experimental/investigational or cosmetic are benefit contract exclusions for all products of the Company.

▸ **References:**

Cystagon® [package insert]. Morgantown WV. Mylan Pharmaceuticals, Inc. July 2007. Available from: [https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2007/020392s010lbl.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2007/020392s010lbl.pdf). Accessed July 23, 2018.

Cystinosis. National Organization for Rare Disorders. Available at: <http://rarediseases.org/rare-diseases/cystinosis/>. Accessed July 23, 2018.

Cystaran® [package insert]. Amityville NY. Sigma-Tau Pharmaceuticals, Inc. December 2016. Available from: [https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2012/200740s000lbl.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2012/200740s000lbl.pdf). Accessed July 23, 2018.

Niaudet P. Cystinosis. UpToDate. June 2018. Available at: [https://www.uptodate.com/contents/cystinosis?source=search\\_result&search=cystinosis&selectedTitle=1~31](https://www.uptodate.com/contents/cystinosis?source=search_result&search=cystinosis&selectedTitle=1~31). Accessed July 23, 2018.

Procysbi® [package insert]. Novato CA. Raptor Pharmaceuticals, Inc. April 2017. Available from: [https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2015/203389s010lbl.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2015/203389s010lbl.pdf). Accessed July 23, 2018.

▸ **Applicable Drugs:**

**i** Inclusion of a drug in this table does not imply coverage. Eligibility, benefits, limitations, exclusions, precertification/referral requirements, provider contracts, and Company policies apply.

| <b>Brand Name</b> | <b>Generic Name</b>      |
|-------------------|--------------------------|
| Cystagon®         | Cysteamine Bitartrate    |
| Cystaran®         | Cysteamine Hydrochloride |
| Procysbi®         | Cysteamine Bitartrate    |

**➤ Cross References:**

N/A

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| Policy Version Number:     | 7.00             |
| P&T Approval Date:         | July 12, 2018    |
| Policy Effective Date:     | October 01, 2018 |
| Next Required Review Date: | July 12, 2019    |

The Policy Bulletins on this web site were developed to assist the Company in administering the provisions of the respective benefit programs, and do not constitute a contract. If you have coverage through the Company, please refer to your specific benefit program for the terms, conditions, limitations and exclusions of your coverage. Company does not provide health care services, medical advice or treatment, or guarantee the outcome or results of any medical services/treatments. The facility and professional providers are responsible for providing medical advice and treatment. Facility and professional providers are independent contractors and are not employees or agents of the Company. If you have a specific medical condition, please consult with your doctor. The Company reserves the right at any time to change or update its Policy Bulletins.