

# Get care anytime

## from Penn Medicine OnDemand



### Virtual care from a name you know and trust

Seeing a physician when you're sick isn't always easy. Virtual care services from Penn Medicine OnDemand offer a convenient care option from a known and trusted name in the local Philadelphia area. Virtual care services are also \$0 cost-share for eligible members. With Penn Medicine OnDemand, you can speak with a practitioner within Penn Medicine 24/7/365.

### Access care anytime

If Penn Medicine is included in your health plan and if you live within the Philadelphia five-county or surrounding areas,\* you can access Penn Medicine OnDemand online or through the myPennMedicine mobile app. Use Penn Medicine OnDemand for urgent care, such as:

- Allergies
- Asthma
- Sore throats, colds, and flu
- Ear infections
- Muscle and Joint aches and pains
- Pink eye
- Respiratory infections
- Sinus problems
- Vomiting and nausea

It's quicker and, in most cases, will cost you less than visiting the emergency room. Check your health plan to see whether and how virtual care from Penn Medicine OnDemand is covered.

Check your health plan to see what other virtual care services are available at **\$0 cost-share**.

### Sign up for Penn Medicine OnDemand

- Call 215-615-2222 to speak with someone who will assist you with registering and scheduling an appointment.
- Download the myPennMedicine app on your smartphone.

Eligible members may also **self-schedule an appointment** at a time that is convenient.

Independence Blue Cross offers products through its subsidiaries Independence Hospital Indemnity Plan, Keystone Health Plan East and QCC Insurance Company, and with Highmark Blue Shield — independent licensees of the Blue Cross and Blue Shield Association

\*Five-county area includes Bucks, Chester, Delaware, Montgomery, and Philadelphia Counties in Pennsylvania. Surrounding areas include Berks, Lancaster, Lehigh, and Northampton counties in Pennsylvania; Burlington, Camden, Gloucester, Hunterdon, Mercer, Salem, and Warren Counties in New Jersey; New Castle County in Delaware; and Cecil County in Maryland.