FDA-approved contraceptive methods*

The contraceptive methods for women currently identified by the FDA include:

- Sterilization surgery for women
- Surgical sterilization implant for women
- Implantable rod
- IUD copper
- IUD with progestin
- Shot/injection
- Oral contraceptives (combined pill)
- Oral contraceptives (progestin only)
- Oral contraceptives extended/continuous use
- Patch
- Vaginal contraceptive ring
- Diaphragm
- Sponge
- Cervical cap
- Female condom
- Spermicide
- Emergency contraception (Plan B/Plan B One Step/Next Choice)
- Emergency contraception (Ella)

Most commonly prescribed oral contraceptives

- Junel
- Tri-Previfem
- Sprintec
- Microgestin FE
- Tri-Sprintec
- Loryna
- Gildess FE
- Orsythia
- Ocella
- Cryselle
- Apri
- Aviane
- Trinessa
- Gianvi
- Viorele
- Nortrel
- norethindrone
- Altavera
- levonorgestrel-ethinyl estradiol
- Microgestin
- norgestimate-ethinyl estradiol tablets
- Lutera
- MonoNessa
- Camrese

*Deductibles and cost sharing may apply to services obtained out-of-network.

This document is intended to offer a general overview of the Affordable Care Act and its regulations for coverage for Women’s Preventive Health Services. The services on this list are periodically reviewed by Independence Blue Cross (Independence) and are subject to change in accordance with the requirements of the health care law Affordable Care Act and its regulations. This list was developed based on Independence’s interpretation of the Affordable Care Act and its regulations. If the government releases additional guidance, this list may be revised accordingly. Please see your summary of benefits, member handbook, and/or benefit booklet for additional information about your benefits.

Medical services, including implantable contraceptive devices and injectable contraceptives, are covered with no cost-sharing when provided by in-network participating providers. For clients with an Independence prescription drug plan, the drugs on the list include certain prescription and over-the-counter products. These drugs are eligible for coverage with no cost-sharing with a doctor’s prescription when provided by a participating retail or mail pharmacy. Certain designated preventative medications will not be subject to any cost-sharing or deductibles, but will be subject to the terms and conditions of your benefits contract, including age, gender, and quantity requirements.