**If a person is experiencing COVID-19 symptoms**, get the **DIAGNOSTIC TEST**

<table>
<thead>
<tr>
<th>HOW TO GET TESTED</th>
<th>HOW THE TEST IS COVERED THROUGH INDEPENDENCE</th>
<th>USEFUL FOR EMPLOYERS IN WORKPLACE REOPENING?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Discuss symptoms with your health care provider and get a lab order for testing</td>
<td>Covered at authorized labs with no cost-sharing under all commercial medical plans (includes fully-insured and self-funded plans)</td>
<td>Not helpful in most workplaces. If employees are sick they should stay home. Employees could be temperature screened along with other space planning precautions.</td>
</tr>
</tbody>
</table>

**MOLECULAR DIAGNOSTIC TEST**
*Also known as a diagnostic test, viral test, nucleic acid amplification tests (NAAT), or RT-PCR test*

- Indicates active infection
- Current molecular tests are more accurate than antigen tests
- Nasal or throat swab; in some cases saliva
- Results take 1-7 days
- False negatives are possible

**ANTIGEN DIAGNOSTIC TEST**
*Also known as a rapid diagnostic test*

- Detects specific proteins on the surface of the virus
- More likely to miss active infection than molecular tests
- Nasal or throat swab
- One hour or less
- False negatives are possible

*Symptoms include fever, cough, shortness of breath, difficulty breathing, body aches, headache, loss of taste, sore throat, congestion*
A person who suspects they had COVID-19 might consider getting the **ANTIBODY TEST**

*Also known as the serological test, serology blood test*

### DETECTS PAST COVID-19 INFECTION

**CDC TIPS FOR STOPPING THE SPREAD**

- Wash hands frequently
- Stay 6’ apart
- Avoid large groups
- Wear face masks

For the latest COVID-19 information go to [ibx.com/COVID19](https://ibx.com/COVID19).

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<tr>
<td>Get a lab order from your health care provider</td>
<td>Covered at authorized labs with no cost-sharing under all commercial medical plans (includes fully-insured and self-funded plans)</td>
<td>Not recommended, according to CDC guidelines</td>
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**Population Health Benefit:** A large group of immune individuals inhibits transmission of the virus. ‘Herd immunity’ is projected when about 60% of the population exhibits immunity

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This test **cannot diagnose active infection**

- **Finger stick or blood draw**
- **Results take 1-3 days**
- **False positives are possible**

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Looks for antibodies that are made by the immune system. Antibodies may stay in the body for several weeks after recovery. It is unknown how strong the immunity will be or how long the protection will last.

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