

# Save money on preventive medications



**You can get preventive medications for chronic conditions for less with your HSA-qualified high deductible health plan (HDHP).**

When you fill a prescription for one of the preventive medications listed on the following pages, your deductible will be waived. That means you only pay your copay or coinsurance each time you fill one of these prescriptions, even if your deductible has not been met.

## **Keep chronic conditions under control with preventive medications**

Taking preventive medications helps you manage your long-term conditions, prevent complications, and avoid costly trips to the Emergency Room or hospital.

## **Check our list of preventive medications**

The following page list commonly used drugs that treat chronic conditions, such as asthma, diabetes, high blood pressure, and high cholesterol. When you fill any of these prescriptions, simply pay your copay or coinsurance and your deductible will be waived.

Refer to your Benefits Summary on [ibxpress.com](https://ibxpress.com) to see what your copay is for all medications. This list is only applicable to Select and Value Formulary. This list is not applicable to the Premium Formulary.

## **Questions?**

Call 1-800-ASK BLUE (1-800-275-2583) or visit [ibxpress.com](https://ibxpress.com)

## List of commonly prescribed preventive medications with no deductible.

Drugs listed are examples of commonly prescribed. To determine the current status of any drug, please use the drug look-up tool on [ibxpress.com](http://ibxpress.com).

### Asthma/COPD

Advair Diskus/HFA®  
Albuterol Sulfate HFA  
Albuterol Sulfate Nebulization  
Anoro Ellipta®  
Asmanex®  
Atrovent HFA®  
Breo Ellipta®  
Budesonide Inhalation Suspension  
Combivent Respimat®  
Ipratropium-Albuterol Solution  
Levalbuterol  
Montelukast  
ProAir HFA®  
Qvar RediHaler®  
Spiriva®  
Symbicort®  
Trelegy Ellipta®

### Diabetes

Bydureon®  
Glimepiride  
Glipizide  
Glipizide ER  
Glyburide  
Glyburide-Metformin  
Invokamet®  
Invokana®  
Janumet®  
Januvia®  
Jardiance®  
Lantus®  
Metformin  
NovoLog®  
Onglyza®  
Ozempic®  
Pioglitazone  
Toujeo Solostar®  
Trulicity®  
Victoza®

### High Blood Pressure

Amlodipine  
Amlodipine-benazepril  
Atenolol  
Atenolol-Chlorthalidone  
Benazepril  
Bisoprolol  
Bisoprolol-Hydrochlorothiazide  
Bumetanide  
Bystolic®  
Candesartan  
Cartia XT  
Carvedilol  
Chlorthalidone  
Clonidine  
Diltiazem ER  
Doxazosin  
Enalapril  
Furosemide  
Hydralazine  
Hydrochlorothiazide  
Irbesartan  
Irbesartan-Hydrochlorothiazide  
Labetalol  
Lisinopril  
Lisinopril-Hydrochlorothiazide  
Losartan  
Losartan Potassium-HCTZ  
Metoprolol Succinate ER  
Metoprolol Tartrate  
Nadolol  
Nifedipine ER  
Olmesartan  
Propranolol  
Ramipril Capsule  
Spironolactone  
Telmisartan  
Terazosin  
Triamterene-HCTZ  
Valsartan  
Valsartan-Hydrochlorothiazide  
Verapamil HCl ER

### High Cholesterol

Atorvastatin  
Cholestyramine  
Colesevelam  
Colestipol  
Ezetimibe  
Ezetimibe-Simvastatin  
Fenofibrate  
Fenofibric Acid  
Fluvastatin  
Gemfibrozil  
Lovastatin  
Omega-3-acid Ethyl Esters  
Pravastatin  
Rosuvastatin  
Simvastatin

### Emotional/Mental Disorders

Amitriptyline  
Aripiprazole  
Bupropion HCl ER  
Citalopram  
Desvenlafaxine  
Duloxetine  
Escitalopram  
Fluoxetine  
Fluvoxamine  
Lithium Carbonate  
Mirtazapine  
Nortriptyline  
Olanzapine  
Paroxetine  
Paroxetine HCl ER  
Quetiapine  
Risperidone  
Rexulti®  
Sertraline  
Trazodone  
Venlafaxine ER

### Osteoporosis

Alendronate  
Estradiol

### Prenatal Vitamins

Multiple Manufacturers

Refer to your plan booklet to see if your plan includes the HDHP Preventive Enhancement. The medications on the preventive drug list are periodically reviewed by Independence Blue Cross and are subject to change. Additionally, formulary status may change. Each category includes medications that are commonly prescribed for preventive care purposes. Preventive medications on this list will not be subject to your plan deductible but will be subject to the terms and conditions of your benefits contract.

\* This list was developed based on Independence Blue Cross's interpretation of IRS requirements for HSA-qualified high deductible health plans. If the IRS releases additional guidance on preventive medications, this list may require revision.



Independence Blue Cross offers products through its subsidiaries Independence Hospital Indemnity Plan, Keystone Health Plan East and QCC Insurance Company, and with Highmark Blue Shield – independent licensees of the Blue Cross and Blue Shield Association.

# Language Access Services

If you, or someone you're helping, has questions about Independence Blue Cross, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 1-800-275-2583 TTY 711.

Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de Independence Blue Cross, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 1-800-275-2583 TTY 711.

如對 Independence Blue Cross 有任何問題，請您或您所幫助的人 联系我们提供的免費多語言信息服務。翻譯服務請撥打 1-800-275-2583。

Nếu quý vị hoặc người mà quý vị đang trợ giúp có câu hỏi về Independence Blue Cross, quý vị có quyền nhận được trợ giúp và thông tin bằng ngôn ngữ của quý vị hoàn toàn miễn phí. Để yêu cầu thông dịch viên, hãy gọi số 1-800-275-2583.

Если у вас или лица, которому вы помогаете, имеются вопросы по поводу программы Independence Blue Cross, то вы имеете право на бесплатное получение помощи и информации на вашем языке. Для разговора с переводчиком позвоните по телефону 1-800-275-2583.

Wann du hoscht en Froog, odder ebber, wu du helpscht, hot en Froog baut Independence Blue Cross, hoscht du es Recht fer Hilf un Information in deinre eegne Schprooch griegie, un die Hilf koschtet nix. Wann du mit me Interpreter schwetze witt, kansch du 1-800-275-2583 uffrufe.

Independence Blue Cross 와 관련하여 궁금한 사항이 있으신 경우, 귀하 또는 귀하의 지원을 받는 사람은 관련 정보 및 지원을 해당 언어로 무료로 받으실 수 있습니다. 통역사와 상담하시려면 1-800-275-2583 로 전화해 주십시오.

Se tu o qualcuno che stai aiutando avete domande su Independence Blue Cross, hai il diritto di ottenere gratuitamente aiuto e informazioni nella tua lingua. Per parlare con un interprete, puoi chiamare il numero 1-800-275-2583.

إذا كان لديك أو لدى شخص تساعد أسئلة بخصوص Independence Blue Cross، فلديك الحق في الحصول على المعلومات الضرورية بلغتك دون أي تكلفة. للتحدث مع مترجم اتصل بـ 1-800-275-2583.

Si vous, ou quelqu'un que vous aidez, a des questions à propos d'Independence Blue Cross, vous avez le droit d'obtenir gratuitement de l'aide et l'information dans votre langue. Pour parler à un interprète, appelez 1-800-275-2583.

Wenn Sie selbst oder eine Person, der Sie helfen, Fragen über Independence Blue Cross haben, so haben Sie das Recht, kostenlos Hilfe und Informationen in Ihrer Sprache anzufordern.

Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 1-800-275-2583 an.

જો તમને અથવા તમે કોઈને મદદ કરી રહ્યા તેમાંથી કોઈને Independence Blue Cross વિશે પ્રશ્નો હોય, તો તમને મદદ અને માહિતી તમારી ભાષામાં કોઈપણ ખર્ચ વિના મેળવવાનો અધિકાર છે. દુભાષિયા સાથે વાત કરવા માટે, આ 1-800-275-2583 પર કોલ કરો

Jeśli Ty lub osoba, której pomagasz macie pytania odnośnie do programu Independence Blue Cross, mogą Państwo uzyskać bezpłatną informację i pomoc w Waszym języku. Aby porozmawiać z tłumaczem, proszę zadzwonić pod numer 1-800-275-2583.

Si ou menm, oswa yon moun w ap ede, gen kesyon konsènan Independence Blue Cross, ou gen dwa pou resevwa èd ak enfòmasyon nan lang ou gratis. Pou pale ak yon entèprèt, rele 1-800-275-2583.

បើអ្នក ឬក៏នរណាម្នាក់ដែលអ្នកកំពុងជួយ មានសំណួរអំពី Independence Blue Cross អ្នកមានសិទ្ធិក្នុងការទទួលជំនួយនិងព័ត៌មានជាភាសារបស់អ្នក ដោយឥតគិតថ្លៃ។ ដើម្បីជជែកជាមួយអ្នកបកប្រែ សូមហៅទូរស័ព្ទទៅលេខ 1-800-275-2583 ។

Se você, ou alguém a quem você está ajudando, tem perguntas sobre o Independence Blue Cross, você tem o direito de obter ajuda e informação em seu idioma e sem custos. Para falar com um intérprete, ligue para 1-800-275-2583.

Díí kwe'é atah nilínígíí Independence Blue Cross haada yit'éégo bína idílkidgo éi doodago háida bíká anilyeedígíí t'áadoo le'é yína'idílkidgo bee ná ahóót'í'díí t'áá hazaadk'ehjí háká a'doowołgo bee haz'á doo bááh ilínígóó. Ata' halne'ígíí koji' bich'í' hodíílnih 1-800-275-2583.

Kung ikaw, o ang taong iyong tinutulungan, ay may mga katanungan tungkol sa Independence Blue Cross, may karapatan kang makakuha ng tulong at impormasyon sa iyong wika nang walang gastos. Upang makausap ang isang interpreter, tumawag sa 1-800-275-2583.

ご本人やお客様の周りの人が、Independence Blue Cross にご質問などがある場合、無料でご希望の言語でのサポートや情報を入手することができます。インタプリタをご利用の方は、1-800-275-2583 までお電話ください。

اگر شما یا شخصی که به وی کمک می کنید، در رابطه با Independence Blue Cross سوالی دارید، این حق برای شما محفوظ است که بدون نیاز به پرداخت هر نوع هزینه، اطلاعات مربوطه را به زبان خود دریافت نمایید. جهت گفتگو با یک مترجم، با شماره 1-800-275-2583 تماس حاصل فرمایید.

## **Nondiscrimination Notice & Notice of Availability of Auxiliary Aids & Services**

Independence Blue Cross complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Independence Blue Cross does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Independence Blue Cross:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as: qualified sign language interpreters; and written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as: qualified interpreters, and information written in other languages

If you need these services, contact our Civil Rights Coordinator.

If you believe that Independence Blue Cross has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Civil Rights Coordinator. You have five ways to file a grievance directly with Independence Blue Cross: in person or by mail: Independence Blue Cross, ATTN: Civil Rights Coordinator, 1901 Market Street, Philadelphia, PA 19103; by phone: 888-377-3933 (TTY 711), by fax: 215-761-0245, or by email: [civilrightscoordinator@ibx.com](mailto:civilrightscoordinator@ibx.com). If you need help filing a grievance, our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800- 537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

*Effective Date: July 18, 2016, Version 1.0*