

Independence Blue Cross

2018 - 2019 Clinical Practice Guidelines Summary*

Health Management Clinical Practice Guidelines

| Condition | Evidence | Reference | URL |
|---------------------------------------|---|---|---|
| Asthma | Global Strategy for Asthma Management and Prevention (GINA Reports) | Global Initiative for Asthma (2018) | Full report: http://ginasthma.org/2018-gina-report-global-strategy-for-asthma-management-and-prevention/ 2018 Appendix to GINA report: http://ginasthma.org/2017-online-appendix-global-strategy-for-asthma-management-and-prevention/ Pocket guide: http://ginasthma.org/2018-pocket-guide-for-asthma-management-and-prevention/ http://ginasthma.org <i>NOTE: Select the GINA Reports tab for access to the article.</i> |
| | | Asthma, COPD, and Asthma-COPD Overlap Syndrome (ACOS)(2017) | http://ginasthma.org |
| Chronic Obstructive Pulmonary Disease | Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease (GOLD Reports) | Global Strategy for Diagnosis, Management, and Prevention of COPD -Full Guidelines (2017) | http://goldcopd.org/wp-content/uploads/2017/11/GOLD-2018-v6.0-FINAL-revised-20-Nov_WMS.pdf |
| | | Global Strategy for Diagnosis, Management, and Prevention of COPD- Pocket Guidelines (2018) | http://goldcopd.org/wp-content/uploads/2018/02/WMS-GOLD-2018-Feb-Final-to-print-v2.pdf |
| Heart Disease | AHA/ACC/ASH Release Guideline on the Treatment of Hypertension and CAD | <i>Am Fam Physician</i> ; 92(11): 1023-1030 (2015) | http://www.aafp.org/afp/2015/1201/p1023.html |
| | Management of Non–ST Elevation Acute Coronary Syndrome: A Guideline from the AHA and ACC | <i>Am Fam Physician</i> ; 92(2): 151-153 (2015) | http://www.aafp.org/afp/2015/0715/p151.html |
| | ACC/AHA Release Updated Guideline on the Treatment of Blood Cholesterol to Reduce ASCVD Risk | <i>Am Fam Physician</i> . 2014 Aug 15;90(4):260-265. | https://www.aafp.org/afp/2014/0815/p260.html |
| | Cardiac Rehabilitation: Improving Function and Reducing Risk. | <i>Am Fam Physician</i> . 2016 Jul 1;94(1):37-43. | https://www.aafp.org/afp/2016/0701/p37.html |
| | The Care of Children with Congenital Heart Disease in Their Primary Medical Home | <i>Pediatrics</i> . 140; (2017) | http://pediatrics.aappublications.org/content/140/5/e20172607 |

* These guidelines are not a statement of benefits. Benefits may vary, and individual coverage, including the terms, limitations, and exclusions, will need to be verified by the plan. For coverage information, please direct members to contact Customer Service at 1-800-ASK-BLUE (1-800-275-2583) (TTY: 711). To order a printed copy of the Clinical Practice Guidelines, call the Provider Supply Line at 1-800-858-4728.

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Health Management Clinical Practice Guidelines (CPG)

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|---------------------------|--|---|---|
| Diabetes | American Diabetes Association Standards of Medical Care in Diabetes — 2018 | <i>Diabetes Care</i> ; 41: Supplement 1 (2018) | http://care.diabetesjournals.org/content/41/Supplement_1 |
| | Oral Pharmacologic Treatment of Type 2 Diabetes Mellitus: A Clinical Practice Guideline Update From the American College of Physicians | <i>Ann Intern Med.</i> ; 166(4): 279-290 (2017) | http://annals.org/aim/article/2595888/oral-pharmacologic-treatment-type-2-diabetes-mellitus-clinical-practice-guideline |
| Obesity | Update on Office-Based Strategies for the Management of Obesity | <i>Am Fam Physician</i> ; 94(5): 361-368 (2016) | http://www.aafp.org/afp/2016/0901/p361.html |
| | The Role of the Pediatrician in Primary Prevention of Obesity | <i>Pediatrics</i> ; 136:e275-e292 (2015) | http://pediatrics.aappublications.org/content/136/1/e275.full.pdf+html |
| | Algorithm for the Assessment and Management of Childhood Obesity in Patients 2 Years and Older | AAP (American Academy of Pediatrics) Institute for Healthy Childhood Weight. (2015) | https://ihcw.aap.org/Documents/Assessment%20and%20Management%20of%20Childhood%20obesity%20Algorithm_FINAL.pdf |
| Autism Spectrum Disorders | Management of Children with Autism Spectrum Disorders | American Academy of Pediatrics (2007), reaffirmed 2014 | www.magellanprovider.com/MHS/MGL/providing_care/clinical_guidelines/clin_prac_guidelines/index.asp |
| | Identification and Evaluation of Children With Autism Spectrum Disorders | American Academy of Pediatrics (2007), reaffirmed 2014 | |
| Depression | Practice Guideline for the Treatment of Patients with Major Depressive Disorder, Third Edition | American Psychiatric Association (2010) | www.magellanprovider.com/MHS/MGL/providing_care/clinical_guidelines/clin_prac_guidelines/index.asp |
| Substance Use Disorders | Practice Guideline for the Treatment of Patients With Substance Use Disorders, Second Edition | American Psychiatric Association (2006) | www.magellanprovider.com/MHS/MGL/providing_care/clinical_guidelines/clin_prac_guidelines/index.asp |
| | The American Psychiatric Association (APA) Treating Substance Use Disorders: A Quick Reference Guide (2006), and Guideline Watch (April 2007): Practice Guideline for the Treatment of Patients With Substance Use Disorders, 2nd Edition. | American Psychiatric Association | |

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