

Benefits that require preapproval

Services that require preapproval include, but are not limited to:

Inpatient services

- surgical and nonsurgical inpatient admissions
- acute rehabilitation
- skilled nursing facility
- inpatient hospice
- maternity admission (for notification only)

Outpatient facility/office services (other than inpatient)

- cataract surgery
- comprehensive outpatient pain management programs (including epidural injections)
- CT/CTA scan
- day rehabilitation programs
- dental services as a result of accidental injury
- hysterectomy
- MRI/MRA
- nasal surgery for submucous resection and septoplasty
- nuclear cardiac studies
- obesity surgery
- PET scans
- sleep studies
- transplants (except cornea)
- uvulopalatopharyngoplasty (including laser-assisted)

All home care services

(including infusion therapy in the home)

Infusion therapy drugs in an outpatient facility or in a professional provider's office

(see list)

Birth center (for notification only)

Elective (nonemergency) ambulance transport

Prosthetics and orthotics — Purchase items more than \$500, including repairs and replacements (except ostomy supplies)

Durable medical equipment — Purchase items more than \$500, including repairs and replacements, and *all* rentals (except oxygen, diabetic supplies, and unit dose medication for nebulizer)

Reconstructive procedures and potentially cosmetic procedures

- abdominoplasty
- augmentation mammoplasty
- blepharoplasty
- chemical peels
- dermabrasion
- excision of redundant skin
- keloid removal
- lipectomy/Liposuction
- orthognathic surgery procedures
- mastopexy
- otoplasty
- panniculectomy
- reduction mammoplasty
- removal or reinsertion of breast implants
- repair of ear lacerations
- rhinoplasty
- scar revision
- subcutaneous mastectomy for gynecomastia
- surgery for varicose veins

Biotechnology/Specialty injectable drugs (see list)

Services by a nonparticipating physician/provider for nonemergency services

Members are not responsible for payment of services if the provider does not obtain preapproval of services.