

Independence Blue Cross 2011 – 2012 Clinical Practice Guideline Summary*

Health Management Clinical Practice Guidelines (CPG)

Condition	Evidence	Reference	URL
Asthma	NHLBI Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma	NIH, NHLBI, NIH Publication No. 08-4051 (2007)	http://www.nhlbi.nih.gov/guidelines/asthma/
	Global Strategy for Asthma Management and Prevention in Children 5 Years and Younger	Global Initiative for Asthma (GINA) 2009	Pocket guideline: http://www.ginasthma.org/guidelines-pocket-guide-for-asthma-management-and-prevention-in.html
	Global Strategy for Asthma Management and Prevention (updated 2010)	GINA 2009	Full guidelines: http://www.ginasthma.org/guidelines-global-strategy-for-the-diagnosis.html
Chronic Obstructive Pulmonary Disease	Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease (updated 2010)	GINA 2010	Pocket guidelines: http://www.ginasthma.org/guidelines-pocket-guide-for-asthma-management.html
		GINA 2010	Full guidelines: http://www.ginasthma.org/guidelines-gina-report-global-strategy-for-asthma.html
		Global Initiative for Chronic Obstructive Lung Disease (GOLD) 2010	Pocket guidelines: http://www.goldcopd.org/guidelines-pocket-guide-to-copd-diagnosis.html
Coronary Heart Disease	Diagnosis and Management of Stable Chronic Obstructive Pulmonary Disease: A Clinical Practice Guideline from the American College of Physicians	GOLD Spirometry Guide, updated June 2010	Full guidelines: http://www.goldcopd.org/guidelines-global-strategy-for-diagnosis-management.html
	The Primary and Secondary Prevention of Coronary Artery Disease, American College of Chest Physicians	<i>Annals of Internal Medicine</i> ; 147:633-638 (2007)	http://www.goldcopd.org/other-resources-gold-spirometry-guide.html
Coronary Heart Disease	AHA/ACC Guidelines for Secondary Prevention for Patients with Coronary and Other Atherosclerotic Vascular Disease: 2006 Update Endorsed by the National Heart, Lung, and Blood Institute	<i>Chest</i> ; 133(6):776S-814S (2008)	http://www.annals.org/content/147/9/633.full.pdf+html
		<i>Circulation</i> ; 113:2363-2372 (2006)	http://www.chestjournal.org/content/133/6_suppl/776S.full.pdf+html
			http://circ.ahajournals.org/cgi/reprint/113/19/2363

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Coronary Heart Disease (continued)	ACC/AHA 2002 Guideline Update for the Management of Patients with Chronic Stable Angina	<i>Circulation</i> ; 107:149-158 (2003) ACC/AHA (2002)	Summary article: http://circ.ahajournals.org/cgi/reprint/107/1/149.pdf Full guidelines: http://www.cardiosource.org/Science-And-Quality/Practice-Guidelines-and-Quality-Standards.aspx?year=2002&type=YnYaX2wf_Eub_EsrE_3TLg (requires free registration for access to guidelines)
	2007 Chronic Angina Focused Update of the ACC/AHA 2002 Guidelines for the Management of Patients with Chronic Stable Angina	<i>Circulation</i> ; 116:2762-2772 (2007)	http://circ.ahajournals.org/cgi/reprint/116/23/2762
	2011 ACCF/AHA Focused Update incorporated into the ACC/AHA 2007 Guidelines for the Management of Patients With Unstable Angina/ Non–ST-Elevation Myocardial Infarction	<i>Circulation</i> ; 123:1-155 (2011)	http://content.onlinejacc.org/cgi/reprint/57/19/1920.pdf
	ACC/AHA Guidelines for the Management of Patients With ST-Elevation Myocardial Infarction	<i>Circulation</i> ; 9:e82-e293 (2004)	http://circ.ahajournals.org/cgi/reprint/110/9/e82
	2007 Focused Update of the ACC/AHA 2004 Guidelines for the Management of Patients With ST-Elevation Myocardial Infarction	<i>Journal of the American College of Cardiology</i> ; 51(2):210-247 (2008)	http://content.onlinejacc.org/cgi/reprint/51/2/210.pdf
	2009 Focused Updates: ACC/AHA Guidelines for the Management of Patients With ST-Elevation Myocardial Infarction (Updating the 2004 Guideline and 2007 Focused Update) and ACC/AHA/SCAI Guidelines on Percutaneous Coronary Intervention (Updating the 2005 Guideline and 2007 Focused Update)	<i>Circulation</i> ; 120:2271-2306 (2009)	http://circ.ahajournals.org/cgi/reprint/CIRCULATIONAHA.109.192663
	Core Components of Cardiac Rehabilitation/Secondary Prevention Programs: 2007 Update (AHA/AACVPR)	<i>Circulation</i> ; 115:2675-2682 (2007)	http://circ.ahajournals.org/cgi/reprint/115/20/2675
	AACVPR/ACCF/AHA 2010 Update: Performance Measures on Cardiac Rehabilitation for Referral to Cardiac Rehabilitation/Secondary Prevention Services	<i>Journal of the American College of Cardiology</i> ; 56:1159-1167 (2010)	http://content.onlinejacc.org/cgi/reprint/56/14/1159.pdf

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Diabetes	Executive Summary: Standards of Medical Care in Diabetes — 2011	<i>Diabetes Care</i> ; 34(Supplement 1): S4-S10 (2011)	Executive Summary: http://care.diabetesjournals.org/content/34/Supplement_1/S4.full.pdf+html
	Standards of Medical Care in Diabetes — 2011	<i>Diabetes Care</i> ; 34(Supplement 1): S11-S61 (2011)	Standards: http://care.diabetesjournals.org/content/34/Supplement_1/S11.full.pdf+html
	Position Statement — Type 2 diabetes in young people	International Diabetes Federation (2008)	http://www.idf.org/position-statement-type-2-diabetes-young-people
	Care of Children and Adolescents With Type 1 Diabetes: A Statement of the American Diabetes Association	<i>Diabetes Care</i> ; 28(1):186-212 (2005)	http://care.diabetesjournals.org/cgi/reprint/28/1/186
	Gestational Diabetes: Caring for Women During and After Pregnancy	Agency for Healthcare Research and Quality, Publication No. 09-EHCC014-3 (2009)	http://effectivehealthcare.ahrq.gov/index.cfm/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productid=163
Heart Failure	Prevention of Heart Failure: A Scientific Statement from the American Heart Association Councils on Epidemiology and Prevention, Clinical Cardiology, Cardiovascular Nursing, and High Blood Pressure Research; Quality of Care and Outcomes Research Interdisciplinary Working Group; and Functional Genomics and Translational Biology Interdisciplinary Working Group	<i>Circulation</i> ; 117:2544-2565 (2008)	http://circ.ahajournals.org/cgi/reprint/117/19/2544
	2009 Focused Update Incorporated Into the ACC/AHA 2005 Guidelines for the Diagnosis and Management of Heart Failure in Adults	<i>Circulation</i> ; 119:e391-e479 (2009)	http://circ.ahajournals.org/cgi/reprint/CIRCULATIONAHA.109.192065
	HFSA 2010 Comprehensive Heart Failure Practice Guideline	<i>Journal of Cardiac Failure</i> ; 16: 475-539 (2010)	http://www.heartfailureguideline.org/home/3

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Behavioral Health Clinical Practice Guidelines (CPG)

Condition	Evidence	Reference	URL
ADHD	Magellan Clinical Practice Guideline for Patients with Attention Deficit/Hyperactivity Disorder	Magellan Behavioral Health Peer-reviewed information (2010)	https://www.magellanprovider.com/mhs/mgl/providing_care/clinical_guidelines/clin_prac_guidelines/
Autism Spectrum Disorders	Introduction to Magellan’s Adopted Clinical Practice Guidelines for the Treatment of Children with Autism Spectrum Disorders	Magellan Behavioral Health (2010)	https://www.magellanprovider.com/mhs/mgl/providing_care/clinical_guidelines/clin_prac_guidelines/
	Management of Children with Autism Spectrum Disorders	American Academy of Pediatrics (2007)	
	Identification and Evaluation of Children With Autism Spectrum Disorders	American Academy of Pediatrics (2007)	
Depression	Introduction to the Clinical Practice Guidelines for the Assessment and Treatment of Patients with Depressive Disorders	Magellan Behavioral Health (2011)	https://www.magellanprovider.com/mhs/mgl/providing_care/clinical_guidelines/clin_prac_guidelines/
	Practice Guideline for the Treatment of Patients with Major Depressive Disorder (3rd Edition)	American Psychiatric Association (2010)	
Substance Use Disorders	Introduction to Magellan’s Adopted Clinical Practice Guidelines for the Assessment and Treatment of Patients With Substance Use Disorders	Magellan Behavioral Health (2010)	https://www.magellanprovider.com/mhs/mgl/providing_care/clinical_guidelines/clin_prac_guidelines/
	Guideline Watch: Practice Guideline for the Treatment of Patients With Substance Use Disorders (2nd Edition)	American Psychiatric Association (2007)	
	Practice Guideline for the Treatment of Patients With Substance Use Disorders (2nd Edition)	American Psychiatric Association (2006)	

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