



<b>Policy Title</b>	Non-Preferred Diabetic Test Strips
<b>Policy Number</b>	FS.CLIN.32

**Application of pharmacy policy is determined by benefits and contracts. Benefits may vary based on product line, group, or contract. Some medications may be subject to precertification and age, gender or quantity restrictions. Individual member benefits must be verified.**

**This pharmacy policy document describes the status of pharmaceutical information and/or technology at the time the document was developed. Since that time, new information relating to drug efficacy, interactions, contraindications, dosage, administration routes, safety, or FDA approval may have changed. If the Medical/Pharmacy Reviewer is aware of any new information on the subject of this document, please provide it promptly to the Medical/Pharmacy Policy Department. This information may include new FDA approved indications, withdrawals or other FDA alerts. This type of information is relevant not only when considering whether this policy should be updated, but also when applying it to current requests for coverage.**

**Members are advised to use participating pharmacies in order to receive the highest level of benefits.**

<b>Policy</b>	<p><b>Diabetic Test Strips</b> are indicated for blood glucose monitoring in the management of Diabetes.</p> <p>The use of non-preferred diabetic test strips requires prior authorization (i.e. clinical pharmacy and/or medical director review).</p>
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<b>Policy description</b>	<p><b>Diabetic test strips</b> are FDA approved to be used with a blood glucose monitor to achieve accuracy in reading blood sugar.</p> <p>No clinical trials were found that showed superiority for any particular diabetic test strip over another in terms of accuracy.</p>
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<b>Policy guideline inclusion</b>	<p><b>A Non-Preferred Diabetic Test Strip</b> is approved when the following inclusion criterion is met:</p> <ul style="list-style-type: none"> <li>• Documentation of a 30 day trial and failure or contraindication with <b>one</b> test strip from <b>both</b> of the preferred manufacturers: <ul style="list-style-type: none"> <li>○ Bayer <ul style="list-style-type: none"> <li>▪ Ascensia® Autodisc™ Test strips</li> <li>▪ Ascensia® Breeze® 2 Test Strips</li> <li>▪ Ascensia® Contour® Test Strips</li> <li>▪ Ascensia® ELITE® Test Strips</li> </ul> </li> <li>○ Abbott <ul style="list-style-type: none"> <li>▪ Freestyle® Lite™ Test Strips</li> <li>▪ FreeStyle® Test Strips</li> <li>▪ Precision Xtra® Test Strips</li> </ul> </li> </ul> </li> </ul>
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<b>Policy guideline exclusion</b>	<p><b>A Non-Preferred Diabetic Test Strip</b> is denied when the following exclusion criterion is found:</p> <ul style="list-style-type: none"> <li>• No documentation of a 30 day trial and failure or contraindication with <b>one</b> test strip from <b>both</b> of the preferred manufacturers: <ul style="list-style-type: none"> <li>○ Bayer</li> </ul> </li> </ul>
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	<ul style="list-style-type: none"> <li>▪ Ascensia® Autodisc™ Test strips</li> <li>▪ Ascensia® Breeze® 2 Test Strips</li> <li>▪ Ascensia® Contour® Test Strips</li> <li>▪ Ascensia® ELITE® Test Strips</li> <li>○ Abbott <ul style="list-style-type: none"> <li>▪ Freestyle® Lite™ Test Strips</li> <li>▪ FreeStyle® Test Strips</li> <li>▪ Precision Xtra® Test Strips</li> </ul> </li> </ul>
<b>Policy List of Applicable Drugs</b>	All Diabetic Test Strips
<b>Dosing and administration</b>	Refer to the specific manufacturer's prescribing information for administration and dosage details for each specific agent.
<b>Policy references</b>	<p>Abbott Diabetes Care Website. Available @ <a href="http://www.abbottdiabetescare.com/">http://www.abbottdiabetescare.com/</a>. Accessed on May 16, 2011.</p> <p>Wavesense Website. Available @ <a href="http://www.wavesense.info/products">http://www.wavesense.info/products</a>. Accessed on May 16, 2011.</p> <p>Arkray USA Website. Available @ <a href="http://www.arkrayusa.com/products.html">http://www.arkrayusa.com/products.html</a>. Accessed on May 16,2011.</p> <p>Mendosa, David. "Online Resources – Part 14: Blood Glucose Meters". Tracking Diabetes on the Web Since 1995. Most Recent Update: April 23, 2009. Available @ <a href="http://mendosa.com/">http://mendosa.com/</a>. Accessed on May 16, 2011.</p> <p>American Diabetes Association Website. Available @ <a href="http://www.diabetes.org">http://www.diabetes.org</a>. Accessed on May 16,2011.</p> <p>Bayer Diabetes Website. Available @ <a href="http://www.bayerdiabetes.com">http://www.bayerdiabetes.com</a>. Accessed on May 16, 2011.</p> <p>ADW American Diabetes Wholesale Website. Available @ <a href="http://www.americandiabeteswholesale.com/-strse-519/Bionime-Rightest-GM300-Blood/Detail.bok">http://www.americandiabeteswholesale.com/-strse-519/Bionime-Rightest-GM300-Blood/Detail.bok</a>. Accessed on May 16,2011.</p> <p>Glucocom Website. Available @ <a href="http://www.glucom.com/">http://www.glucom.com/</a>. Accessed on May 16,2011.</p> <p>Colonial Medical Assisted Devices. Available @ <a href="http://www.colonialmedical.com/catalog/Advocate-Test-Strips-p-20041.html">http://www.colonialmedical.com/catalog/Advocate-Test-Strips-p-20041.html</a>. Accessed on May 16,2011.</p> <p>NovaMax Website. Available @ <a href="http://www.novacares.com/">http://www.novacares.com/</a>. Accessed on May 16,2011.</p> <p>Prodigy Blood Glucose Monitoring Systems Website. Available @ <a href="http://www.prodigymeter.com/">http://www.prodigymeter.com/</a>. Accessed on May 16,2011.</p> <p>ForaCare Website. Available @ <a href="http://www.foracare.com/products-bg-index.html">http://www.foracare.com/products-bg-index.html</a>. Accessed on May 16,2011.</p> <p>GlucLeader Enhance Blood Glucose Monitoring System Website. Available @ <a href="http://www.glucoleader.ca/tstrips.html">http://www.glucoleader.ca/tstrips.html</a>. Accessed on May 16, 2011.</p> <p>One Touch Website. Available @ <a href="http://www.lifescan.com">http://www.lifescan.com</a>. Accessed on May 16, 2011.</p>

Links Medical Products Inc. Website. Available @ <http://www.linksmed.com/>. Accessed on May 16, 2011.

Southern Medical Distributors Website. Available @ [http://www.gosouthernmd.com/store/store/comersus\\_viewItem.asp?idProduct=32915](http://www.gosouthernmd.com/store/store/comersus_viewItem.asp?idProduct=32915). Accessed on May 16,2011.

Diabetic Supplies Website. Available @ <http://www.diabeticsupplies.com>. Accessed on May 16, 2011

Accu-Chek Website. Available @ <http://www.accu-chek.com/us/>. Accessed on May 16, 2011.

Simple Diagnostics Website. Available @ <http://www.simplediagnosics.com/>. Accessed on May 16, 2011.

US Diagnostics Website. Available @ [http://www.usdiagnostics.net/index.php?section=professional&page=professional\\_specifications.htm](http://www.usdiagnostics.net/index.php?section=professional&page=professional_specifications.htm). Accessed on May 16, 2011.

Vertex Diagnostics Website. Available @ <http://www.vertexdiagnostics.com/>. Accessed on May 16, 2011.

OTC Wholesale Website. Available @ <http://www.otcwholesale.com/ezsmart-00077.html>. Accessed on May 16, 2011.

**Policy link to related policies**

**Version effective date**

07/01/2011

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