



Independence
Blue Cross

WALKING TOWARDS WELLNESS



Collection of Tracking Log

Dear Participant,

You did it! You have completed the *Walking Towards Wellness* program!

You must return your **completed** Tracking Log to Program Coordinator (name) by (date).

Let's celebrate! You are invited to the following:

Date:

Time:

Location:

Please RSVP by (date) to (name) Program Coordinator.

We look forward to seeing you! Have a great day! Remember, keep on walking—*one step at a time.*