



Independence
Blue Cross

WALKING TOWARDS WELLNESS



Dear Participant,

Thank you for registering for the ***Walking Towards Wellness*** program. Congratulations on taking this important ***step towards better health.***

This e-mail (or letter) confirms your registration. To take the ***first step*** towards a healthier you, please attend the following orientation meeting:

Date:

Time:

Location:

At this meeting you will receive an overview of the program, a participant folder, the tools you will need to be successful and the opportunity to meet some new friends—your co-walkers!

You made the decision to join, now take the ***first step*** towards a healthier you!

We look forward to seeing you!

Program Coordinator