



Independence
Blue Cross

WALKING TOWARDS WELLNESS



Dear Employee,

Your health is important to us and we value your effort to stay healthy!

To address growing health concerns and keep our employees in the best health possible, we are launching a new ***Walking Towards Wellness*** program.

Join this walking program, so you can begin to take the ***steps*** towards a healthier you!

Step 1 is to make a decision to participate!

Our ***Walking Towards Wellness*** program will begin on (date).

To register, please contact:

Program Coordinator:

Phone #:

We look forward to your participation in this innovative program!

(personalized closing comments from leadership)

Leadership signature