

# Great American Smokeout<sup>®</sup>

Behavior Change

*Thinking about quitting smoking?*

## Resource list

The following associations and government agencies can be contacted for additional information and materials on smoking prevention and smoking cessation.

American Cancer Society  
[www.cancer.org](http://www.cancer.org)

American Lung Association  
[www.lungusa.org](http://www.lungusa.org)

National Cancer Institute  
[www.cancer.gov](http://www.cancer.gov)

Centers for Disease Control and Prevention – Smoking & Tobacco Use  
[www.cdc.gov/tobacco](http://www.cdc.gov/tobacco)

PA Department of Health  
[www.dsf.health.state.pa.us](http://www.dsf.health.state.pa.us)

United States Department of Health and Human Services  
[www.surgeongeneral.gov/tobacco](http://www.surgeongeneral.gov/tobacco)

