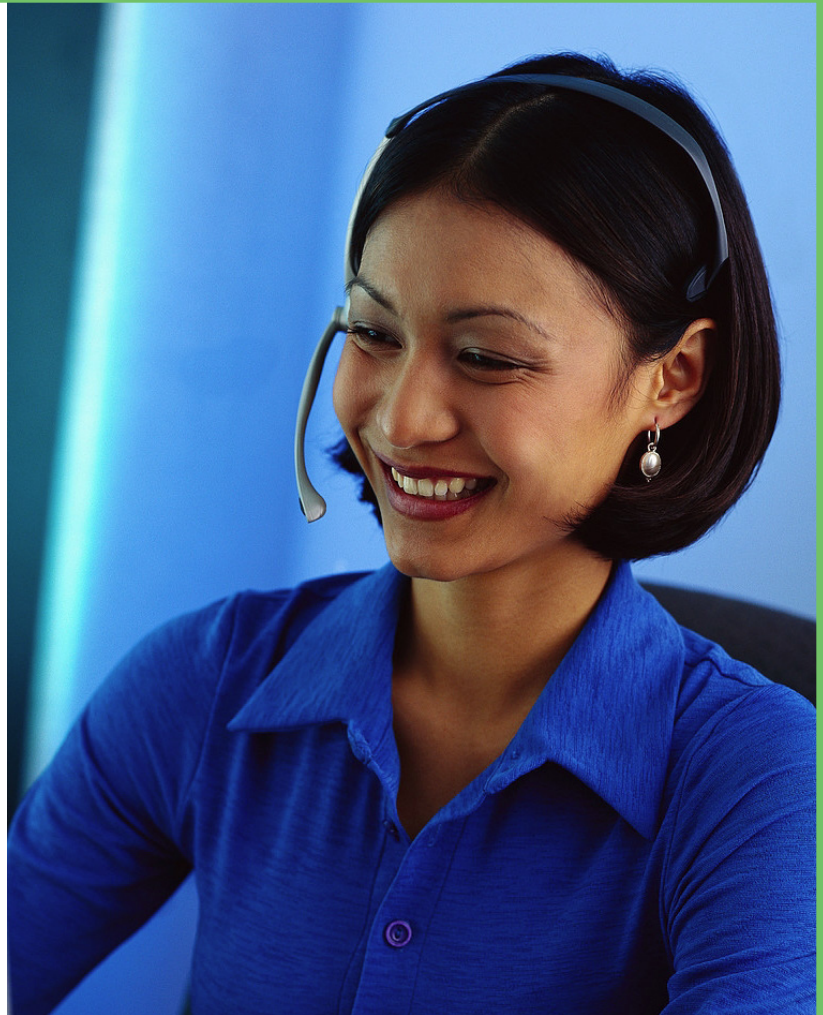


Get help managing complex health conditions

Our case managers can
work with you to
coordinate medical care
when you need it most.



Independence
Blue Cross





**Independence
Blue Cross**

1901 Market Street
Philadelphia, PA 19103

Accept a helping hand.

When your health needs change, you may find yourself in unfamiliar territory, coordinating visits to doctors and specialists, juggling new medications, and keeping information straight. That's when a case manager can lend a hand.

The case manager's goal is simply to help you get the care you need. Together, you, your physician, and your case manager will:

- assess your current health status;
- develop a care plan to address your specific needs and health goals;
- create a follow up strategy to ensure your goals are met.

If a case manager contacts you, please take a few minutes to talk with him or her. The services are offered to you at no additional cost; take advantage of them and know you have a health care professional helping you.

You can also call **1-800-313-8628** or **215-567-3570** to speak with a case manager.

We're here for you every step of the way.