

Onsite Screening FAQ

Q. Will the test cost anything?

A. No, this screening is being offered by your employer at no cost to you.

Q. Why should I participate in this screening?

A: Participating in these screenings will provide you with health indicators such as blood pressure and cholesterol levels. Knowing these numbers will prepare you to have an open discussion about your health with your healthcare provider.

Q. Is fasting required?

A. No, fasting is not required for most screenings. If a screening is being offered that requires fasting, you will be notified ahead of time. Regardless if the screening is fasting or non-fasting, **it is important to take all of your medications as prescribed by your doctor. Drinking plenty of water is also recommended.**

Q. If fasting is required, what does that mean?

A. Fasting means no food or drink except water and black coffee (no cream or sugar) for 9 hours before the test. **Please make sure you take all of your medications as prescribed by your doctor.**

Q: What do I do if I forget and I eat something?

A: You may still participate in the screening. Just make sure you tell the examiner that you did not fast for the 9 hours. Your results will not provide any values that are affected by fasting.

Q. Who actually performs the screening and how are they credentialed?

A. The onsite screening is conducted by a professional provider of comprehensive wellness, health screening and immunization programs. The screening staff includes nurses, phlebotomists, and medical technicians.

Q. Do I get my results the same day?

A: Most screening results are available within about 15 minutes. Some screening results will not be immediately available, and you will be notified of those as you meet with the screener.

Q. Will there be a wait time for the screening?

A: When participants sign up in advance, the wait time is minimal. Participants who walk in may have to wait a few minutes longer until a screening becomes available.

Q. What about privacy and protecting participants' personal health information?

A. The health screening layout is designed for efficient flow and privacy, from the registration table to the screening stations and counseling areas. Any Personal Health Information (PHI) gathered during the screening is protected by federal and state privacy laws including the Health Insurance Portability and Accountability Act (HIPAA).

Q. Will this screening impact my premiums?

A. No. An individual's screening results are protected by federal and state privacy laws including the Health Insurance Portability and Accountability Act (HIPAA) and will not be used for determining premiums.