

# If a person is experiencing COVID-19 symptoms\*, get the **DIAGNOSTIC TEST**

**DETECTS  
ACTIVE  
COVID-19  
INFECTION**

## HOW TO GET TESTED

Discuss symptoms with your health care provider and get a lab order for testing

## HOW THE TEST IS COVERED THROUGH INDEPENDENCE

Covered at authorized labs with no cost-sharing under all commercial medical plans (includes fully-insured and self-funded plans)

## USEFUL FOR EMPLOYERS IN WORKPLACE REOPENING?

Not helpful in most workplaces. If employees are sick they should stay home. Employees could be temperature screened along with other space planning precautions.

## MOLECULAR DIAGNOSTIC TEST

Also known as a diagnostic test, viral test, nucleic acid amplification tests (NAAT), or RT-PCR test



Indicates active infection



Current molecular tests are more accurate than antigen tests



Nasal or throat swab; in some cases saliva



Results take 1-7 days



False negatives are possible

## ANTIGEN DIAGNOSTIC TEST

Also known as a rapid diagnostic test



Detects specific proteins on the surface of the virus



More likely to miss active infection than molecular tests



Nasal or throat swab



One hour or less



False negatives are possible

\*Symptoms include fever, cough, shortness of breath, difficulty breathing, body aches, headache, loss of taste, sore throat, congestion

A person who suspects they had COVID-19 might consider getting the

# ANTIBODY TEST

Also known as the serological test, serology blood test

DETECTS  
PAST  
COVID-19  
INFECTION

## HOW TO GET TESTED

Get a lab order from your health care provider

## HOW THE TEST IS COVERED THROUGH INDEPENDENCE

Covered at authorized labs with no cost-sharing under all commercial medical plans (includes fully-insured and self-funded plans)

## USEFUL FOR EMPLOYERS IN WORKPLACE REOPENING?

Not recommended, according to CDC guidelines



**Population Health Benefit:** A large group of immune individuals inhibits transmission of the virus. 'Herd immunity' is projected when about 60% of the population exhibits immunity



Looks for antibodies that are made by the immune system. Antibodies may stay in the body for several weeks after recovery. It is unknown how strong the immunity will be or how long the protection will last.



This test **cannot diagnose active infection**



Finger stick or blood draw



Results take 1-3 days



False positives are possible

## CDC TIPS FOR STOPPING THE SPREAD

- Wash hands frequently
- Stay 6' apart
- Avoid large groups
- Wear face masks

For the latest COVID-19 information go to [ibx.com/COVID19](https://ibx.com/COVID19).